

# THE MAILASAIL AZORES & BACK RACE 1st June and 18th June 2019

## Falmouth, UK and Ponta Delgada, Azores

Organising Authority: RCYC Events Ltd,  
Falmouth, Cornwall, UK  
in conjunction with the Royal Cornwall Yacht Club

### SAILING INSTRUCTIONS

**Note: All times are given in British Summer Time (BST, UTC+1)**

#### Abbreviations:

- [NP] Denotes that a breach of this rule will not be grounds for a protest by a boat (changes RRS 60.1(a)).  
[DP] Denotes a rule for which the penalty for a breach of that rule is at the discretion of the protest committee.  
[SP] Denotes a rule for which a standard penalty may be applied by the race committee without a hearing or a discretionary penalty applied by the protest committee with a hearing (changes RRS 63.1 and A5).

## 1 RULES

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- 1.1** The race will be governed by the rules as defined in *The Racing Rules of Sailing*.  
**1.2** Racing rules are changed as follows:  
(a) RRS 28 and 29.1 - see SI 9.8;  
(b) RRS 35, A4 and A5 - see SI 11.2;  
(c) RRS 41 – see SI 17.3;  
(d) RRS 62.1(a) - see SI 2.4, 4.4 and 9.7;  
(e) RRS 63.3 - see SI 12.5;  
(f) race signals AP - see SI 4.3.  
**1.3** The rules of Part 2 shall be replaced by the right-of-way rules of the IRPCAS (International Regulations for Preventing Collisions at Sea) as follows:  
(a) on the first leg, after 2100 on 1<sup>st</sup> June.  
(b) on the second leg, after 2200 on 18<sup>th</sup> June.  
**1.4** The prescriptions of the RYA, and not of Portuguese National Authority, will apply throughout the race.  
**1.5** The IRC Rules 2019 Part D will not apply.  
**1.6** ISAF Offshore Special Regulations 2018-2019, Category 1 will apply, supplemented by the requirements of paragraph 1.4 of the Notice of Race.  
**1.7** [NP][DP] Boats shall carry an operating satellite tracking device provided by the organising authority.  
**1.8** If there is a conflict between languages the English text will take precedence.

## 2 NOTICES TO COMPETITORS

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- 2.1** Notices to competitors will be posted on the official notice board located at the Royal Cornwall Yacht Club (RCYC) before 0900 on the day of the start of the first leg, and thereafter at the office of the Marina de Ponta Delgada before 1000 on the day of the start of the second leg. Copies of notices displayed in Ponta Delgada will also be displayed on the official notice board located at the RCYC until 17<sup>th</sup> July 2019.

- 2.2 Copies of notices will be published on the event website <https://azab.co.uk/>.
- 2.3 The race committee will use email to notify competitors that a notice has been published. Competitors may also be alerted by SMS and/or WhatsApp. Failure to receive a notification or an alert will not be grounds for redress. This changes RRS 62.1(a).

### 3 CHANGES TO SAILING INSTRUCTIONS

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- 3.1 Any change to the sailing instructions before the start of the first leg will be posted before 0900 on Saturday 1<sup>st</sup> June, except that any change to starting times or procedures will be posted by 2000 on Friday 31<sup>st</sup> May.
- 3.2 The corresponding times for the second leg are 1000 on Tuesday 18<sup>th</sup> June and 2100 on Monday 17<sup>th</sup> June.

### 4 SIGNALS MADE ASHORE

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- 4.1 Before the first leg, signals made ashore, other than starting signals, will be displayed on the signals mast at the RCYC. Starting signals will be displayed on the signals mast on the east side of Pendennis Point.
- 4.2 Before the second leg, signals made ashore will be displayed on a signals mast at the Marina de Ponta Delgada.
- 4.3 When flag AP is displayed at the RCYC or at the Marina de Ponta Delgada, '1 minute' is replaced with 'not less than 120 minutes' in the race signal AP. This changes race signals AP.
- 4.4 The race committee will use email to notify competitors that a signal, other than a starting signal, has been displayed. Competitors may also be alerted by SMS and/or WhatsApp. Failure to receive a notification or an alert will not be grounds for redress. This changes RRS 62.1(a).

### 5 SCHEDULE OF RACES

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- 5.1 The first warning signal for the first leg, from Falmouth to Ponta Delgada, will be at 1150 on Saturday 1<sup>st</sup> June.
- 5.2 The first warning for the second leg, from Ponta Delgada to Falmouth, will be at 1250 on Tuesday 18<sup>th</sup> June.

### 6 CLASS FLAGS

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- 6.1 Class flags will be:
- | <i>Class</i> | <i>Flag</i>  |
|--------------|--------------|
| Multihull    | IC M         |
| 1            | IC numeral 1 |
| 2            | IC numeral 2 |
| 3            | IC numeral 3 |
| 4            | IC numeral 4 |
- 6.2 Boats shall display their class flag on the backstay.

### 7 COURSES

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- 7.1 **Leg 1 - Falmouth to Ponta Delgada**  
After crossing the starting line, boats shall leave the Manacles BYB east cardinal buoy (approximately at 50° 02'.81N 005° 01'.92W) to starboard and finish at the harbour entrance at Ponta Delgada.
- 7.2 **Leg 2 - Ponta Delgada to Falmouth**  
The course will be published on the official notice board at the Marina de Ponta Delgada not later than 1300 on Monday 17<sup>th</sup> June.

### 8 AREAS THAT ARE OBSTRUCTIONS

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- 8.1 Traffic Separation Schemes (TSS) are designated exclusion zones that a boat shall not enter. TSS and their positions are listed at Addendum A.
- 8.2 Moving exclusion zones are designated to exist around merchant and naval shipping constricted by their size, and around dive vessels (see SI 13.5 and 13.6).

### 9 THE START

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- 9.1 The starting line at Falmouth will be an imaginary line extending in an easterly direction from Pendennis Point towards Black Rock beacon on a transit formed by the white pole with a triangle topmark and the signals mast.

- 9.2 Two orange, cylindrical, inflatable buoys, ranking as starting marks, will be laid between Pendennis Point and Black Rock to form a gate which will be close to the start line. When starting boats shall pass through the gate.
- Caution: Black Rock and the shore of Pendennis Point have outlying reefs. Competitors are advised to familiarise themselves with the extent of these reefs on the appropriate chart, and to keep well clear.**
- 9.3 The starting line at Ponta Delgada will be described in the course for Leg 2 published in accordance with SI 7.2.
- 9.4 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other classes.
- 9.5 The order of starting will be Multihull, Class 1, Class 2, Class 3, Class 4.
- 9.6 Races will be started by using RRS 26 with the warning signal made 10 minutes before the starting signal. The start signal of a class will be the warning signal for the succeeding class.
- (a) A ceremonial gun fired from the grounds of Pendennis Castle will NOT be an official sound signal and shall be disregarded.
- 9.7 A countdown to each signal will be broadcast by the race committee on VHF Ch. 72. Failure to receive this broadcast will not be grounds for redress. This changes rule 62.1(a).
- 9.8 **Premature starters**
- (a) RRS 28 is changed as follows:
- (1) In RRS 28.1, delete the first sentence and replace with:  
“A boat shall cross the starting line after having been entirely on the pre-start side at or after her starting signal and sail the course described in the sailing instructions and finish.”
- (2) In RRS 28.2, delete the word “start” and replace by “cross it”.
- (b) [SP] No part of a boat’s hull, crew or equipment shall be on the course side of the starting line at her starting signal. If a boat breaks this rule and is identified she shall not be recalled (and shall **not** attempt to return to the pre-course side of the starting line) and shall be penalised without a hearing, but not if the race is restarted. This replaces RRS 29.1 which is deleted.
- (c) [DP] The OCS penalty shall be one hour added to the boat’s elapsed time for that leg. The race committee will lodge a protest against OCS boats that gain a significant advantage by starting prematurely. If the protest is upheld then the increased penalty shall be at the discretion of the protest committee.
- 9.9 [NP][DP] Any boat starting either leg later than one hour after its start signal shall inform the race committee before starting, using the contact details given to the boat at registration.
- 9.10 [NP][DP] No boat shall commence the second leg less than 24 hours from the time at which they finish the first leg.

## 10 THE FINISH

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- 10.1 The finish for the first leg will be an imaginary line running 355°T from the mole end light at the harbour at Ponta Delgada to the shore opposite. The clubhouse of the Clube Naval is close to the northern end of the finish line but not necessarily on it.
- 10.2 The finish for the second leg will be a line running 090°T / 270°T through Black Rock navigation buoy, limited by the shore on St. Anthony Head to the east and the shore at Pendennis Point to the west. Boats may pass on either side of Black Rock.
- 10.3 [NP] Boats shall record the times (BST) at which they finish each leg and submit the information to the relevant race office as soon as is reasonably possible after finishing using declaration forms provided at registration.

## 11 TIME LIMITS

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- 11.1 The time limit for the second leg for all classes is midnight on 16<sup>th</sup> July 2019.
- 11.2 Boats that do not finish within the time limit will be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5.

## 12 PROTESTS AND REQUESTS FOR REDRESS

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- 12.1 Protest forms, if required, will be available at the race offices at the Marina de Ponta Delgada and the RCYC. Protests and requests for redress shall be submitted there, in writing, within the time limit.
- 12.2 The protest time limit for each leg is 1200 on the day after the day on which the protesting boat finishes the leg.

- 12.3** The time limit for protests by the race committee, technical committee or protest committee concerning an incident the committee observed in the race area is 1200 on the day after the day on which the last boat finishes each leg. Other race committee, technical committee or protest committee protests shall be delivered to the race office at the RCYC or at the Marina de Ponta Delgada no later than 24 hours after the committee receives the relevant information.
- 12.4** Parties to a protest will be informed of this by a notice posted on the protest committee page of the AZAB website within 24hrs of the receipt of the protest. They may be alerted to the notice by email. Information will also be displayed on the relevant official notice board.
- 12.5** Because of the long duration of the race, there are significant logistical challenges to arranging for a protest committee and all parties to a protest to be present at either Ponta Delgada or Falmouth. Consequently, the protest committee may, after consulting parties to the protest, decide to conduct hearings by electronic means – for example telephone conference call, email or Skype, and written evidence presented by post or e-mail. The details of such arrangements will be decided on a case-by-case basis. Parties will receive confirmation of the arrangements for the hearing by email. SI 12.5 changes RRS 63.3.
- 12.6** Appeals in accordance with RRS 70 shall be sent to the RYA.

### **13 SAFETY REGULATIONS [NP][DP]**

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- 13.1** All boats shall ensure that their AIS is switched on (i.e. transmitting and receiving) at all times while at sea. The name of the boat shall be transmitted rather than just the MMSI, unless the equipment does not have this capability.
- 13.2** Boats shall ensure that their means of communication with the race committee (OSR 3.29.03 b)) is functioning and available to receive calls at all times while at sea.
- 13.3** Boats not leaving their berth for racing shall inform the race committee before the warning signal, using the contact details given to the boat at registration.
- 13.4** Boats retiring shall make every effort to inform the race committee using the contact details given to the boat at registration.
- 13.5** Merchant and naval shipping in Falmouth Bay. Moving exclusion zones exist around merchant and naval vessels constricted by their size. Such exclusion zones extend to 100m on all sides of the vessel and include tugs, pilot boats and official boats escorting the vessel. No boat shall enter the exclusion zone, and, if becalmed, shall endeavour to use other means of propulsion to move out of the way. This should only be sufficient to move out of the exclusion zone, and the distance travelled should be the shortest necessary to keep clear.
- 13.6** Diving activity in Falmouth Bay. A 30m exclusion zone exists around a dive boat displaying IC flag "A", an orange pillar mark indicating a diver beneath the surface, and a diver on the surface. No boat shall enter the exclusion zone.
- 13.7** Complaint by Falmouth Harbour Authority. The race committee will lodge a protest or submit a report to the protest committee following a complaint received from the Falmouth Harbour Authority.

### **14 REPLACEMENT OF CREW OR EQUIPMENT**

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There is no restriction on the substitution of equipment that complies with the rules of the race. Crew shall only be changed with the prior written approval of the race committee.

### **15 EQUIPMENT AND MEASUREMENT CHECKS**

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- 15.1** A boat may be inspected at any time for compliance with IRC rules, the notice of race and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.
- 15.2** Inspections do not reduce the absolute and exclusive responsibility of the Person-in-Charge of a boat to comply with any safety requirement.

### **16 EVENT ADVERTISING**

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[NP][DP] Boats shall display sponsors' battle flags provided by the organising authority at registration. The flags shall be displayed during the hours of daylight when the boat is berthed and at sea when in sight of land.

### **17 RADIO COMMUNICATIONS [DP]**

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- 17.1** The organising authority may communicate with any boat, including whilst racing, using satellite telephone systems or VHF radiotelephony.

- 17.2 A boat may, without infringing RRS 41, request or receive repetition of information communicated by the race committee, or be told whether or not a communication has been made.
- 17.3 Information under RRS 41(c) shall include navigational, weather, tide or current information from any source which is available to all boats whether or not by payment of a fee or subscription, but shall not include information gathered or the subject of interpretation by, or any advice received from, any source not on board the boat and which is specific to the boat and her situation.
- (a) By way of an example and interpretation, downloading charts, weather and/or current GRIB files from subscription services, or having such information passed to the boat in its pure form, is permitted **but receiving messages or information which is the result of analysis and interpretation as it applies to the boat is not permitted.**

This changes RRS 41(c).

## 18 PRIZES

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Prizes will be awarded in accordance with the Notice of Race.

## 19 RISK STATEMENT

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- 19.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 19.2 Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats, and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- (f) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event;
- (g) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; and that the safety equipment is properly maintained, stowed and in date.

The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in the Notice of Race.

## 20 INSURANCE

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[NP][DP] Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.

## ADDENDUM A – TRAFFIC SEPARATION SCHEMES (TSS)

This list is for guidance only and boats are responsible for not entering any TSS per SI 8.1

Obstruction	Position (WGS84)	
<b>Lands End TSS</b>	A - 50° 20'.00N 006° 05'.05W	B - 50° 20'.00N 005° 49'.60W
	D - 49° 53'.55N 006° 05'.05W	C - 50° 01'.00N 005° 49'.60W
<b>Isles of Scilly South TSS</b>	A - 49° 46'.60N 006° 29'.50W	B - 49° 46'.00N 006° 16'.50W
	D - 49° 35'.50N 006° 34'.10W	C - 49° 35'.50N 006° 16'.50W
<b>Isles of Scilly West TSS</b>	A - 50° 04'.15N 006° 48'.55W	B - 50° 01'.25N 006° 32'.80W
	D - 49° 52'.40N 006° 53'.75W	C - 49° 52'.40N 006° 48'.55W
<b>Ouessant TSS</b>	A - 49° 01'.96N 005° 36'.84W	B - 48° 37'.19N 005° 11'.96W
	E - 48° 56'.39N 005° 51'.59W	
	D - 48° 42'.63N 006° 02'.79W	C - 48° 29'.45N 005° 22'.13W
<b>Finisterre TSS</b>	A - 43° 31'.40N 010° 05'.15W	B - 43° 21'.00N 009° 36'.40W
	F - 43° 19'.00N 010° 13'.70W	C - 43° 10'.50N 009° 44'.00W
	E - 42° 52'.90N 010° 13'.70W	D - 42° 52'.90N 009° 44'.00W